

Gen Griffin

Motivational Speaker
& Women's Coach

Gen Griffin a highly-rated motivational speaker with 8+ years of experience as a women's coach and group facilitator. Gen Griffin works with individuals, groups, and organizations to amplify their authenticity and empower them to become a better version of themselves through confidence. In her spare time she works and runs All N' Good Confidence as the CEO.



SIGNATURE TOPICS

- ✓ Women Empowerment
- ✓ Wellness and Self-care
- ✓ Managing Anxiety and Stress
- ✓ Being Your Authentic Self
- ✓ Prioritizing Mental Health in the Workplace
- ✓ Breathwork and Meditation

320,000+
monthly website views

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For bookings please email at allgoodconfidence@gmail.com

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